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Fall 2015

Resident's Digest

THA's Quarterly e-Newsletter

Published quarterly by the Tuscaloosa Housing Authority to
Better serve and inform our residents and the community.

Rosedale III Updates

Construction is projected to be
completed Spring/ Summer 2016.

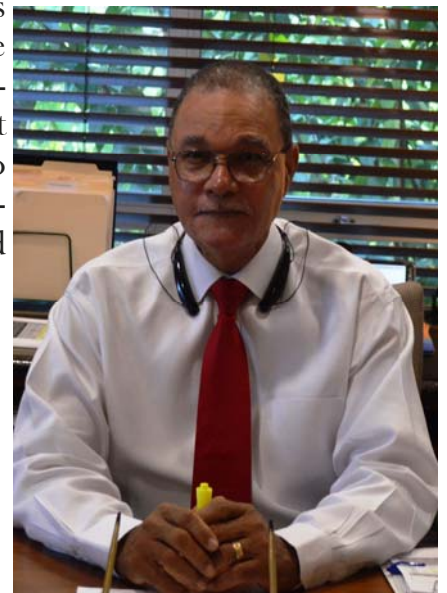


Executive Director's Letter

It has been said that change comes along with a new season. As fall begins, you should be able to imagine the final product of the various projects that the Authority has been busy working on. Vertical construction has begun on our new senior development, Rosedale Phase III. Construction should be complete late Spring, early Summer 2016. Crescent East residents have been extremely patient during the exterior renovations. Now that they are finally complete, the buildings facelifts and landscaping greatly enhance the overall look of the community. In October 2015, the Whatley Health Center in Crescent East will be opening at it's new location. Upgrades to the Hay Court water system is underway and should be complete Spring 2016. Thank you for your patience during the constructions. Most importantly, thank you for all you do to make the Tuscaloosa Housing Authority a wonderful place to live and work.

Have a wonderful Fall!

Ralph D. Ruggs
Executive Director



Caring Together

Adult Day Care in Hay Court

Caring Together Adult Day Care is an activity based program for adults with any form of memory disorder. The program provides a safe and stimulating environment to insure quality of life to adults needing specialized supervision and care. At the same time, the program also provides respite and support to caregivers. Daily activities are carefully planned to encourage clients to use their existing cognitive, language, motor, and social skills. Activities include daily exercise, arts, crafts, themed activities, parties, and guest entertainment.



The center is located 0.7 miles past Stillman College, at the corner of Hay Court community on U. S. Highway 11. For more information, please contact Ms. Annis Willis at 205-345-8638.

Crescent East Health Center

The Tuscaloosa Housing Authority is excited to introduce to the community a new Maude Whatley Health Center facility, however, the old building is still operational during transition. The Maude Whatley Health Center at Crescent East will be moving to its new larger building October 1. The new building is double the size of the old facility and will allow the Maude Whatley staff the ability to increase the number of clients served. The new building will feature additional examination rooms, a larger lab, additional administrative space and a larger waiting area.



Community Updates



Crescent East now has After-School Tutorial on every **TUESDAY**, from 3:30pm - 5:00pm. Youth will receive assistance with homework, leadership skills, and organized play. All school age students are welcomed!

Calling all concerned residents of Crescent East! If you are interested in working to uplift and create a stronger community, then you may be interested in serving as a resident council officer. Resident Council officers work with the residents to bring events into the community that will strengthen both families and neighborhood. It's also a great way to earn community service hours. An info meeting will be held soon! We look forward to seeing you there.



Mark your calendars for the 3rd Tuesday of every month. The **Hay Court** Resident Council meets in the community room from 4:00pm - 5:00pm. All residents are invited. This is another great way to earn community service hours!

The Hay Court Community Room is now open 5 days a week. The computer lab is open from 1:00pm - 3:00pm, Monday through Friday for adults who need to use the computers for employment or education related purposes. After-school tutorial is held on Tuesdays and Thursdays, from 3:00pm - 5:00pm. Family bonding events are held on Friday afternoons. Parents please bring your children to these events and earn community service hours for your attendance. Wednesday is Senior Day, from 9:00am - 1:00pm. Exercise Class is held from 11:00am - 12:00pm. Enrichment is held from 12:00pm - 1:00pm, and a free hot lunch is served!

Branscomb After-School Tutorial is held Monday - Friday, from 3:00pm - 4:30pm in the computer lab. The lab is also open for adult education and employment purposes. Adult computer classes are held Monday, Wednesday, and Thursday: 9:00am - 10:00am or 1:30pm - 2:30pm. Friday is designated for youth leadership. Concerned about your community? Join the community affairs group on Thursdays from 1:30pm - 2:30pm. This is a great way to give back to your community and earn community service hours.



Community Service Requirement

If you recently received a letter from your property manager about the community service requirement, you or someone in your household must comply with this HUD mandate. Failure to do so may result in the termination of your lease.

HUD requires that every adult resident of public housing that are **between the ages of 18 - 62 years old**, contribute 8 hours of community service (volunteer) each month, or participate in an economic self-sufficiency program for 8 hours each month. Those who are working, enrolled as a full-time student, blind or disabled (or are the primary caregiver of such individual) do not have to perform community service hours.

There are several ways to obtain the required hours. You can participate in events or meetings held in your community, volunteer at your child's school or other non-profit agencies around town. Participating in the following economic self-sufficiency programs will also count towards community service hours: GED classes, job training classes, financial, budgeting, or computer classes, or any activity required by TANF. Any meetings that you have with the ROSS or FSS coordinators will also count. Please contact your property manager **TODAY** for more details!

Real Money Matters



Would you like to save close to **\$100 a month** on cable, internet, and phone services? Cable providers will sell you the “bundle” for \$99.99 a month. After so many months, those services go to a much higher rate. Before you know it, you will be paying more than what you originally expected.

How many times has someone called your house phone (landline) who was not a telemarketer? If you do most of your talking on your cellphone, then you probably do not need a house phone. Dropping this phone line will save you about **\$35 a month**.

Do you have cable but don't watch all of the channels? Contact your cable provider today and ask for a package that has the channels you watch regularly. You can pay about **\$35 less** (sometimes even lesser) for the channels that you actually watch! (Hint: Many TV shows can be watched online for **FREE**.)

High speed internet is really for individuals who watch movies, TV shows, or play interactive games online like XBOX Live. If you don't do any of this on the internet, then you would save about \$15 or more a month for basic internet speed.

Now that you're thinking about these services, also think about what you could do with the extra cash in your pocket.

